

# Research And Practice Of Dance Courses In Higher Education Institutions Empowered By Ideological And Political Education

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## **Abstract**

*How to effectively integrate ideological and political factors into the "Dance Creation Techniques" course is an important way to improve the quality of the course. Through in-depth analysis of the integration of ideological and political elements with dance creation curriculum education, the aim is to expand the theoretical framework for the integration of dance creation theory and ideological and political elements, and promote deep integration with ideological and political education. By integrating ideological and political elements, updating educational methods and tools, and constructing an evaluation system, the aim is to improve teaching quality and cultivate dance composition professionals with ideological and political awareness. By strengthening the concept of "ideological and political education in the curriculum", the aim is to promote in-depth reform and transformation of the curriculum, clarify educational objectives, explore the connotation of ideological and political education, innovate teaching methods, and achieve established educational goals. The uniqueness and innovation of this project lie in using patriotism and the excellent qualities of the Chinese nation to stimulate learning motivation, establishing positive teaching relationships through humanistic literacy and the spirit of seeking truth, and guiding students to establish correct values through the integration of tenacious and self-strengthening national spirit.*

**Keywords:** *Dance Creation Techniques; Course Ideology and Politics; Dance Lesson*

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## **I. Introduction**

In May 2020, the Ministry of Education issued the "Guidelines for the Construction of Ideological and Political Education in Higher Education Curriculum", which deeply elaborates on the core values, goal orientation, and content essence of ideological and political education in curriculum, and provides clear directions for the classified implementation of ideological and political education in different majors. Dance art education, as an indispensable part of China's education system, covers multiple closely related professional fields such as dance studies, dance education, and dance choreography. These majors play a crucial role in cultivating advanced dance art talents who serve the development of the national dance art industry, art education institutions, dance groups, cultural and artistic venues, and youth activity centers. They can engage in teaching, artistic creation, and coaching of various types of dance such as Chinese ethnic and folk dance, Chinese classical dance, foreign folk dance, ballet, modern dance, etc., and possess comprehensive development characteristics of both morality and talent. They also have the ability to be "composite" professional applied talents.

Dance Creation Techniques is a professional basic course that is a compulsory major for students majoring in dance studies. It mainly explains the concepts, basic theories, and basic thinking methods of dance creation, as well as learning the creation techniques of solo, double, triple, group dance, and dance drama. This course mainly focuses on learning how to create dances, selecting excellent red dance plays that are concrete, educational, and thought-provoking for students to appreciate and learn, and completing the creation and display of individual works through reference. By combining the teaching of dance professional knowledge and skills with the teaching and training of ideological and political series themes, incorporating ideological and political elements, we aim to enhance students' understanding, admiration, and recognition of Chinese culture, while inspiring their patriotism and achieving spiritual construction, ideological consciousness, and cultural confidence.

## **II. Literature Review**

Through the theme search "Dance Creation Course Ideology and Politics" on China National Knowledge Infrastructure, Chinese scholars have conducted various studies on the integration of dance creation into ideology and politics, and in recent years, this field has received continuous attention from all parties. The following is a

detailed analysis of the current situation of integrating dance creation into curriculum ideological and political education:

Cheng Ziyu (2024) examined the practice of ideological and political education in music curriculum for primary and secondary schools in Zunyi area from the perspective of "red inheritance". She designed and implemented a scientific teaching plan by analyzing the red music materials and the requirements and core connotations of the new curriculum standards for ideological and political education in music courses. This effectively promoted the formation of correct values and the enhancement of cultural confidence among students in compulsory education.

Liu Xiaoxue (2024) believes that seamlessly integrating ideological and political elements into university dance courses, significantly improving students' moral qualities and artistic development, is feasible. Therefore, every lecturer must maintain the correct perspective on introducing these basic concepts into the classroom environment. In addition, they should strive to explore effective methods for cultivating ideological participation in teaching activities to adapt to the unique attributes of university disciplines. By conducting in-depth research on the existing dance courses in universities and proposing targeted strategies to address this issue, the ultimate goal is to enable professional educators to more effectively utilize optimized resources and promote meaningful improvement in the quality of professional course teaching.

Jiang Congyi (2023) proposed that "Ideological and Political Theory Education" is the foundation for accurately positioning the basic theoretical courses of dance choreography, and the selection of teaching content should be based on the actual evolution of educational goals. It emphasizes the practical significance of ideological and moral education, which is consistent with the teaching reform of basic dance choreography theory in normal universities. This method promotes the deep integration of ideological and political education with professional curriculum practice. By improving the reform measures of ideological and political theory education, perfecting the basic theoretical teaching of dance choreography in normal universities, and enriching the diversity of the content of dance choreography basic courses in universities.

Xia Zhen (2023) believes that dragon dance, as an outstanding representative of national heritage, has unique charm and profound cultural and educational significance. The implementation of dragon dance in universities has enormous value and importance. Through questionnaire surveys, literature reviews, and interviews with experts in dragon dance culture, this study explores the practical application of dragon dance culture in ideological and political education in universities and its educational impact on students. Analyzing the relationship between dragon dance and cultivating students' cultural confidence, understanding of traditional culture, and mental health reveals that the essence of ideological and political education is consistent with dragon dance culture. Participating in dragon dance activities can promote understanding of traditional culture, enhance physical and mental health, and boost cultural confidence among college students.

The integration of ideological and political education in dance creation and dance education has achieved significant results. By innovating teaching models, optimizing the structure of teaching content, and constructing a multidimensional evaluation mechanism, we have effectively promoted the synergy between dance education and ideological and political education, and achieved the fundamental task of education - cultivating morality and nurturing people.

### **III. Curriculum Ideology And Politics In Dance Creation Education**

Based on the current situation of dance choreography teaching, this section will start from practical problems and systematically explain the multifaceted significance of integrating ideological and political education into dance choreography education. Specifically, it covers the following four dimensions:

#### **Deep Expansion of Teaching Content and Enhancement of Cultural Heritage**

In the current teaching practice of dance choreography, there is often a focus on imparting technical skills and honing creative techniques, while neglecting the cultural connotations and ideological depth that dance works should contain. This results in students' works lacking the dual charm of ideology and art, making it difficult to resonate with the audience. Therefore, the integration of ideological and political education in the curriculum has become a key strategy to enrich teaching content and deepen the cultural heritage of dance works.

The specific approach includes integrating elements such as humanistic literacy, the essence of excellent traditional Chinese culture, socialist core values, and cultivating patriotism into the teaching system, inspiring students to transform these elements into creative inspiration, and thus creating dance works that not only have profound ideas but also showcase high-level art. This move aims to simultaneously enhance students' creative skills and cultural heritage.

#### **Innovation of Teaching Methods and Optimization of Teaching Effectiveness**

Traditional dance choreography teaching often adopts a model of teacher lectures and passive acceptance by students, with insufficient classroom interaction and limited innovative thinking of students, making it difficult to

fully stimulate their creative enthusiasm and potential, thereby affecting teaching effectiveness. The integration of ideological and political education into the curriculum provides new opportunities for innovative teaching methods, such as introducing new teaching models such as case studies, theme driven, interactive discussions, and heuristic teaching, enhancing classroom interactivity, inspiring students to actively explore and practice, and cultivating their innovative thinking and practical abilities. At the same time, ensure the organic integration of professional teaching and ideological and political education, guide students to explore creative themes with creative value from ideological and political elements, and enhance their ideological awareness and humanistic literacy.

### **Cultivation of Comprehensive Qualities and Shaping of High-Quality Talents**

The current dance choreography curriculum focuses too much on the training of choreography skills, while neglecting the cultivation of students' comprehensive qualities, resulting in a lack of cultural literacy and social responsibility among students. The integration of ideological and political education into the curriculum emphasizes the strengthening of ideological and political education, the cultivation of love for the Party, the country, and the people, the establishment of cultural confidence, the stimulation of creative spirit, the inheritance of red culture, and the education of socialist core values in dance choreography teaching. It inherits the revolutionary spirit of perseverance and hard work, aiming to comprehensively enhance students' ideological and political qualities, ideal beliefs, and ideological cognition. At the same time, encourage students to participate in social practice and volunteer service, enhance their sense of social responsibility and dedication, and lay a solid foundation for their comprehensive development.

### **Strengthening School Enterprise Cooperation and Promoting the Integration of Industry and Education**

There is a disconnect between dance choreography teaching and social demand, resulting in insufficient market competitiveness and social value of students' works. The integration of ideological and political education into the curriculum provides new ideas for strengthening school enterprise cooperation and promoting the integration of industry and education. By establishing close cooperative relationships with dance groups, cultural institutions, and other organizations, we can jointly carry out dance creation projects and teaching practice activities. This not only allows students to come into contact with practical cases and grasp market demands, but also enhances their practical abilities and market competitiveness. In addition, school enterprise cooperation has promoted the reform and innovation of dance choreography teaching, injected new vitality into dance education, and helped cultivate compound dance choreography talents who understand both art and the market, achieving deep integration of industry and education, and contributing to the high-quality development of dance choreography education.

In summary, the integration of ideological and political education into dance choreography teaching has profound significance in enriching teaching content, innovating teaching methods, promoting students' all-round development in morality, intelligence, and physical fitness, and strengthening school enterprise cooperation. It emphasizes the core position of humanistic literacy, personality development, truth-seeking spirit, patriotism, and national confidence in students' growth. Through the implementation of a series of measures, it effectively improves the quality and level of dance choreography teaching, providing strong support for cultivating high-quality dance choreography talents.

## **IV. Discussion**

### **Theme Selection and Positioning**

Priority should be given to themes closely related to national progress, ethnic cultural inheritance, and socialist values, such as "The Pursuit of the Chinese Dream", "The Road to National Rejuvenation", and "Excellent Traditional Culture of the Middle Ages", as the core concepts of dance choreography, aiming to enable students to deeply understand and experience the emotions of their country and homeland in the creative process. By analyzing dance works and selecting typical dance works with positive energy absorption as teaching examples, analyzing their ideological and political values, guiding students to absorb positive energy from dance art, thereby enhancing personal humanistic literacy and consolidating the foundation of patriotic emotions. Motivate students to create dance works with ideological and political significance based on their personal life experience and social reality, deepen their understanding and application of ideological and political elements through practical operation, and achieve dual internalization of knowledge and emotions.

### **Teaching Innovation and Ideological and Political Strengthening**

A series of innovative teaching strategies should be actively adopted to deeply integrate ideological and political education into the dance creation teaching system. The primary strategy is situational simulation teaching, which replicates rich ideological and political contexts such as national celebrations and ethnic cultural festivals, allowing students to learn and gain profound insights in an immersive atmosphere, thereby enhancing the practical

effectiveness of ideological and political education. Secondly, we will widely promote interactive learning models, including group discussions, role-playing, and other interactive forms, aimed at activating students' learning enthusiasm and initiative, deepening their understanding and communication level of ideological and political content. At the same time, using heuristic teaching methods, students are encouraged to apply innovative thinking, deeply explore the ideological and political elements in the curriculum, and inspire them to create high-level dance art works.

In addition, a flipped classroom model has been implemented, utilizing modern information technology to prerelease some teaching content for students to preview. Classroom time is mainly used for difficult point answers, practical guidance, and ideological and political theme discussions, which significantly improves the accuracy and efficiency of teaching. In terms of teaching methods, multimedia and network information technology are also fully utilized to showcase diverse ideological and political education resources, such as videos, images, and audio materials, making the teaching process more vivid, intuitive, and interesting. Ultimately, by organizing students to participate in social practice and volunteer service, ideological and political education is organically integrated with dance composition practice, promoting students' deepening understanding in practice and achieving comprehensive development.

### **Construction and Optimization of Assessment and Evaluation Mechanism**

**Comprehensive evaluation content:** Assessment and evaluation not only focus on dance skills, but also cover aspects such as ideological and political qualities, humanistic cultivation, and teamwork, ensuring comprehensive and objective evaluation.

**Diversified evaluation methods:** using various methods such as self-evaluation, peer evaluation, teacher evaluation, and audience feedback to evaluate student performance from multiple dimensions, improving the accuracy and fairness of evaluation.

**Clarify evaluation criteria:** Establish clear evaluation criteria, such as the accuracy of dance movements, the integration of ideological and political elements, and the innovation level of the work, to ensure that the evaluation is operable and comparable.

**Feedback and incentive mechanism:** Timely provide feedback on evaluation results to students, point out strengths and weaknesses, and propose improvement suggestions. At the same time, linking the evaluation results with the reward mechanism to motivate students to actively participate in learning and practice, and continuously improve their comprehensive literacy.

## **V. Conclusion And Suggestion**

### **The Integration of Patriotism and Red History**

This study delves into the profound patriotism and rich red historical resources of the Chinese nation, which have generated significant motivational effects among contemporary college students. In the design of the "Dance Creation Techniques" course, we carefully integrate these elements, aiming to enable students to not only improve their dance skills, but also deeply understand the significance of patriotism and red history, so as to cherish the current opportunities for peace and development, and ignite their enthusiasm for exploring professional knowledge and cultural theory in depth. We not only value the inheritance of dance skills, but also emphasize the cultivation of students' sense of historical responsibility and mission through patriotism and the influence of red history, so that their works can fully express patriotism, national emotions, and national consciousness, create dance works rich in patriotic emotions and reflect the characteristics of the times, and contribute to the prosperity and development of dance art in the new era as dance talents with noble character.

### **The Combination of Humanistic Literacy and the Spirit of Seeking Truth Promotes the Harmonious Construction of Teacher-Student Relationships**

By integrating humanistic literacy and the spirit of seeking truth into education, a shared spiritual home for teachers and students has been constructed, aimed at promoting excellent traditional Chinese culture, enhancing national identity and cultural confidence. In the teaching process of dance choreography techniques, we inherit and interpret dance works that embody humanistic qualities, enabling students to deeply feel the charm of culture, establish correct values, and deepen their sense of identity with Chinese culture. At the same time, we draw on the spirit of knowledge and the essence of teamwork from our predecessors in history to guide the construction of a harmonious teacher-student relationship.

Based on humanistic literacy and the spirit of seeking truth, we closely integrate dance choreography with multiple fields such as humanities, philosophy, art, history, etc. through joint learning and practice. This not only broadens students' knowledge horizons, but also promotes in-depth communication and cooperation between teachers and students at the academic level, enhancing mutual understanding and respect. We encourage students to participate in the creation of specific themes throughout the entire process, from planning to performance, which not only exercises their practical abilities, but also cultivates team spirit and deepens emotional connections

among classmates. The guiding feedback from teachers helps students deepen their understanding and creates a positive learning atmosphere. These innovative measures not only enhance students' comprehensive quality, but also build a close teacher-student relationship based on common goals and values, providing solid support for cultivating talents with profound cultural heritage, innovative spirit, and social responsibility.

### **Shaping Correct Life Beliefs and Service Concepts**

Fully utilize the positive elements of excellent traditional Chinese culture and red history as important resources for shaping students' correct values. The spirit of perseverance and self-improvement contained in these cultural resources, as well as the concept of serving the people, have a distinct guiding role in the formation of correct values.

Integrating these excellent spiritual elements of the Chinese nation into dance creation, showcasing a resilient, optimistic, and exploratory spirit through the art form of dance, guiding students to enhance their ideological and political literacy, shape noble character, and establish correct outlooks on life, the world, and values. We encourage students to adhere to the principle of serving the people, firmly establish the "four confidences", so that they can bravely face challenges and constantly overcome difficulties in their future life and work.

In summary, this study is expected to inject new vitality and connotation into the creation of dance courses in universities, cultivate students' sense of historical responsibility and mission, and lay a solid foundation for their future development and growth.

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